



List of Sports

(Breakfast-Lunch-After School Clubs)

- | | | |
|-----------------------------|--------------------|--------------|
| - Football | - Athletics | - Gymnastics |
| - Basketball | - Boxercise | - Hockey |
| - Multi Sports | - Cricket | - Netball |
| - Badminton | - Circuit Training | - Softball |
| - Handball | - Dance | - Tennis |
| - Hula Hooping | - Fencing | - Tri Golf |
| (NEW) – Performing Arts | - Soft Archery | - Volleyball |
| - Curling (Starts Jan 2019) | - Table Tennis | - Ballet |
| | - Cheer-leading | - Rugby |

*Mutli-Sports for EYFS-KS1, rest of the sports for KS1-KS2

(10% off on any 2 sports for the first term on a new sport except, Football, Basketball and Multi-sports)

(All pupils will get recognition for their participation in sports e.g. certificates, stickers, medals/trophies etc. End of the academic year.)

PPA (P.E)

*All Day -

8.45 – 15.30

20 minutes lunch-time activity

Break times – Morning break

- Lunch (40 MINS)

* Half Day (Morning) -

8.45 – Lunch

Morning break activity

Break times – 5 MINS

*Half Day (Afternoon) -

Lunch – 15.30

20 minutes lunch activity

No Break times

(For all year groups, EYFS-KS1-KS2) All lessons planned will be to the standards of the national curriculum. Term plans shall be provided if requested, example what sport will be covered for what year group for which term.

Reports shall be provided for each student at the end of the academic year. End of each term mini reports will be provided to class teachers.

Once a term, we will do Healthy Eating lunch-time games where we will encourage pupils how and why to eat healthy, the benefits, fun facts through our games (Free). Recommend staff to get involved.

We are also offering a further 10% off any breakfast or afterschool sport with PPA.

ACTIVITIES FOR STAFF

- Team building
- Social
- Sports training

This is very popular among members of staff, for birthdays, team building as part of training or even training TA's or other member of staff to simple insightful games for children.

ANY FURTHER INQUIRIES PLEASE DO NOT HESITATE TO CONTACT

Thank you,

N Ahmed

Naz Ahmed

Director/Sports Coach Specialist

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